

Aurora Martial Arts


2023 Summer Programs




541-753-6614

195 SE Crystal Lake Drive, Corvallis

MAY

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 5 TOPIC Honor	1	2	3	4	5	TOURNAMENT PREP	6
7 Week 6 TOPIC Effort	8 Red Tip Testing	9	10 Black Tip Testing	11	12 Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	13 Leadership Training CADRE Training 8:00am - 10:30am Storm Training 11:00am - 12:00pm	
14  Happy Mother's Day Week 1 TOPIC - Respect	15	16	17	18	19 TOURNAMENT PREP	20	
21 Week 2 TOPIC Act As If!	22	23	24	25	26 TOURNAMENT PREP	27 KIDS SAFETY CLINIC	
28 Week 3 TOPIC Dedication	29 School Closed!	30	31				

JUNE

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	
Week 3 TOPIC Dedication					1	2	3 ALL FIRED UP! TOURNAMENT	
4 Week 4 TOPIC Balance	5	6	7	8	9	10		
11 Week 5 TOPIC Enthusiasm	12	13	14	15	16	17		
18  Happy Father's Day! Week 6 TOPIC - Integrity	19 Red Tip Testing	20	21 Black Tip Testing	22	23 Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	24 Leadership Training CADRE Training 8:00am - 10:30am Storm Training 11:00am - 12:00pm		
25 Week 1 TOPIC Focus	26 Martial Arts Clinic - Introduction to Kenpo Karate						30	

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Happy Mother's Day: In honor of Mother's Day, Aurora Martial Arts has put together a fantastic special. All moms who want to begin training during the month of May will receive this fantastic special. The Special will include a Semi-Private, Month of Kenpo Classes, & a Uniform for ONLY \$50. If you know any Mom's who are looking for a fun workout with the added benefit of learning some self-defense, let them know about this Awesome Deal! You've watched your kid's, now it's your turn! Classes offer fitness, self-defense, challenging workouts and FUN! (Expires May 31st)

Leadership Training: Leadership training is something that all students should consider after earning their Blue Belt. The STORM and CADRE teams are part of leadership training. The STORM Team (special team of role models) helps out during beginning classes, setting a good example of technique and attitude in class as well as being a positive role model. Junior students must be blue belts to join the STORM Team. The CADRE Team is training for intermediate and advanced students as well as instructor. During cadre training we review techniques, go over teaching and communication skills and lay the ground work for outstanding classes! CADRE members are expected to demonstrate excellence in their martial arts skills as well as their attitude! If you are interested in joining our awesome team of Storm and Cadre member please speak to your instructor.

Kids Safety Clinic: This course is offered through Corvallis Parks & Rec and is about personal safety for Children. Areas covered will be awareness, avoidance, ABC of Safety, and a basic wrist release. Participants will also practice the material that is covered. This Clinic will be held on May 13th from 10am to 11am. There are still open spots, please enroll through Corvallis Parks & Rec.

Memorial Day: We will be Closed for Memorial Day, Monday, May 29th.

Martial Arts Clinic: The Martial Arts Clinic will be held Monday, June 26th through Thursday, June 29th from 9am-10am. This clinic is an introduction to martial arts skills through games and activities. Explore the history of the martial arts and the importance of Respect and Self-Discipline in the practice of American Kenpo. Class is offered through Corvallis Parks & Recreation to children ages 5 to 10. Please contact Parks & Recreation to enroll, or contact an Instructor with questions.

Happy Father's Day: In honor of Father's Day, Aurora Martial Arts has put together a special just for dads. All dads who begin training in June will receive this fantastic special. The Special will include a Semi-Private, Month of Kenpo Classes, & a Uniform for ONLY \$50. If you know any Dad's who are looking for a great workout with the added benefit of learning some self-defense, let them know about this Awesome Deal! You've watched your kid's, now it's Dad's turn! Classes offer fitness, self-defense, challenging workouts and FUN! (Expires June 30th)

Tournament: The *All Fired Up Tournament* is on June 3rd! This will be the 1st Aurora Martial Arts in-school tournament since COVID. This event will start at 9:00am. Those who are competing should arrive at 8:30am to check in and warm up. We will run the events in the following order: Forms, Team Forms, Sparring. This will be a great opportunity to challenge yourself and to train to reach that next level. Practice hard! We are holding Tournament Prep on May 5, May 19, May 26. This Prep is opening to all students who are attending the All Fired Up Tournament. Registration forms are available at the front desk, please preregister.



All dates and events are subject to change based on participation and government guidance changes.

Events that are planned for this summer require students to sign up at the front desk.

Please see Mr. D for any questions or concerns.

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JULY

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 1 TOPIC Focus							1
2 Week 2 TOPIC Goal Setting	3 <i>School Closed In honor of Independence Day!</i>	4	5	6	7	8 AURORA PICNIC	
9 Week 3 TOPIC Perseverance	10 Karate Camp - White Belt	11	12	13	14 <i>School Closed Instructors at Training Camp.</i>	15	
16 Week 4 TOPIC Flexibility	17	18	19	20	21	22	
23 Week 5 TOPIC Black Belt Excellence	24 Karate Camp - Yellow, Orange, Purple, & Blue Belts	25	26	27	28	29	

AUGUST

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 Week 6 TOPIC Self-Control	31 <i>Red Tip Testing</i>	1	2 <i>Black Tip Testing</i>	3	4 Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons	5 Leadership Training CADRE Training 8:00am - 10:30am Storm Training 11:00am - 12:00pm	
6 Week 1 TOPIC By Example	Advanced Kenpo Camp - Green, Adv. Green & All Brown Belts Monday, August 7 th through Friday, August 11 th						12
13 Week 2 TOPIC Team Work	14	15	16	17	18	19	
20 Week 3 TOPIC Awareness	21	22	23	24	25	26 Advanced Brown/Black Belt Testing Mini Camp!	
27 Week 4 TOPIC Compassion	28	29	30				

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No Classes: The school will be closed for Independence Day from Saturday, July 1st Through Tuesday, July 4th. We will be back on the mat of regular classes on Wednesday, July 5th. Have a very safe and Happy Fourth of July!

School Picnic: We will be hosting the **25th Annual Aurora Martial Arts Picnic** on July 8th! The Picnic will be held here at Aurora Martial Arts. This is a “potluck” picnic, the hotdogs and drinks will be provided by the Aurora Staff. Sign up at the front desk to let us know how many folks are coming and the type of dish you will be bringing. Join the Donadio’s and the rest of the Aurora Team for an afternoon of good food and great fun (volleyball, dodgeball and other games - bring your squirt gun!) The picnic is open to all students, family and friends. The picnic will start at 11:00am, and end around 3:00pm.

Karate Day Camps: The main focus of these camps is to develop a higher level of skill in the martial arts and includes games and other activities. We will also talk about the history of the Martial Arts and Kenpo Karate, as well as the importance of focus, self discipline, and respect. This is a great way to jumpstart your training and accelerate your skill development! The **White Belt Camp** is a half day camp offered to new students and white belts, from 9:00am until 12:00pm, Monday through Thursday with an investment of \$100. The **Teen Camp** is a half day camp offered to all students between the ages of 12 years old to 15 years old, from 12:00pm until 3:00pm, Monday through Thursday with an investment of \$120. The **Yellow, Orange, Purple, & Blue Belt Camp** will run from 9:00am until 12:00pm, Monday through Friday with an investment of \$150. The **Advanced Camp** (green through brown belts) will run from 8:30am to 3:00pm, Monday through Friday with an investment of \$250. AKTS Members will receive a discount of \$10 for the Yellow-Blue Belt Camp and the Advanced Belt Camps. (Ask an instructor for discount code) Contact Mr. D with questions or if you need tuition assistance.

White Belt

Teens (12 year old—15 year old)

Yellow, Orange, Purple, & Blue Belts

Green Through Brown

July 10th to July 13th (9:00am - 12:00pm / Monday thru Thursday)

July 10th to July 13th (12:00pm - 3:00pm / Monday thru Thursday)

July 24th to July 28th (9:00am - 12:00pm / Monday thru Friday)

August 7th to August 11th (9:00am - 3:00pm / Monday thru Friday)

AKTS Spirit Camp: This is the 27th anniversary of the John Sepulveda Spirit Camp in Washington. This is a three day event with instructors from all over the country. There will be classes, workouts and time to meet Kenpoists from around the nation and maybe the world! Applications will need to be in by Wednesday, June 1st. The cost of the camp includes food, lodging, training and fun. This is a great camp! Ask around or talk to an instructor for additional information. I hope to see you there.

Advanced Testing: In July we began the advanced testing schedule. This starts with an evaluation of those students who are eligible for Brown Belt Promotion and will culminate with the Advanced Belt Tests the weekend of August 25th. The following schedule includes items and actions that must be completed in order to test:

Test Application Due	July 7 th (All Brown Candidates)
Technique Evaluation	July 29 th
Red Tip Testing	Begins August 7 th
Testing & Mini Camp	August 25 th & 26 th (Attendance at the Seminars is required for those testing.)

We are aware that advanced testing impacts our training schedule and the time and training requirements of our students, however, this can not be avoided. Promotion to the Brown and Black Belt ranks is a significant achievement and honor. This requires that the Instructors insure all candidates are qualified, capable and prepared for testing. Please contact Mr. D with any questions or concerns.

Mini Camp: On Saturday, August 26th there will be a Mini Camp. This Camp will include 5 sessions for the Adults and 3 sessions for the Juniors ~ The Camp Instructors will be Mr. Zaninovich (9th Degree), Mr. D (8th Degree), and Mr. Coppock (7th Degree). All Sessions will be held at Aurora Martial Arts. The Youth sessions will run approximately 60 minutes, and the Teen & Adult sessions will run approximately 90 minutes. Registration forms are available on the document desk or you can register online:

Late Registration ends August 5th.

All dates and events are subject to change based on participation and Government Guidance changes.

Events that are planned for this summer require students to sign up at the front desk.

All sign-up sheets will be available at least one month in advance.

Please see Mr. Donadio for any questions or concerns.