



# Foot Notes

195 SE Crystal Lake Drive, Corvallis  
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Web Site: [www.auroramartialarts.com](http://www.auroramartialarts.com) | [LT@auroramartialarts.com](mailto:LT@auroramartialarts.com)

**MARCH**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 3 TOPIC Compassion	Lead By Example, Follow By Choice!	1	2	3	4	5
6 Week 4 TOPIC Responsibility		7	8	9	10	11
13 Week 5 TOPIC C.A.N.I.	14	15	16	17	18	19 <div style="border: 1px solid green; padding: 2px;">Nerf Battle</div>
20 Week 0 TOPIC Consistency	Open During Spring Break!					26
27 Week 6 TOPIC Student Creed	28	29	30 <div style="border: 1px solid gray; padding: 2px;">Colored Belt Evaluations</div>	31		

**APRIL**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Week 6 TOPIC Student Creed					1 <div style="border: 1px solid gray; padding: 2px;">Colored Belt Testing Junior / Adult Test 5:30pm Friday Night No Regular Classes Friday Except Little Dragons</div>	2 <div style="border: 1px solid gray; padding: 2px;">I.T.</div> <div style="border: 1px solid red; padding: 2px;">S.T.O.R.M Training</div>
3 Week 1 TOPIC Intensity	4	5	6	7	8	9
10 Week 2 TOPIC Courage	11	12	13	14	15 <div style="border: 1px solid green; padding: 2px;">School Closed Good Friday &amp; Easter Weekend</div>	16
17 Week 3 TOPIC Indomitable Spirit	18	19	20	21	22	23 <div style="border: 1px solid blue; padding: 2px;">Advanced Belt Red Tip Testing</div>
24 Week 4 TOPIC Self-Discipline	25	26	27	28	<b>Brown &amp; Black Belt Testing</b> Seminars with Mr. Sepulveda May 13 <sup>th</sup> & 14 <sup>th</sup>	



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**Advanced Testing:** On March 1<sup>st</sup> we will begin the advanced testing schedule. This will start with an evaluation of those students who are eligible for Brown and Black Belt Promotion and culminate with the Advanced Belt Test, May 13<sup>rd</sup> & 14<sup>th</sup>. The following schedule includes items and actions that must be completed in order to test:

Belt test application due	March 9 <sup>th</sup> (Brown & Black Belt Candidates)
Technique evaluation held	Saturday, March 12 <sup>th</sup>
Red tip testing & Body work	Begins April 18 <sup>th</sup>
Testing & Seminar	May 13 <sup>th</sup> & 14 <sup>th</sup> (Attendance at the Seminars is required for those testing.)

We are aware that advanced testing impacts our training schedule and the time and training requirements of our students, however, this can not be avoided. Promotion to Brown and Black Belt ranks is a significant achievement and honor. This requires that the Instructors ensure all candidates are qualified, capable and prepared for testing. Please contact Mr. D with any questions or concerns.

**Nerf Battle Event:** Saturday, March 19, 2022 will be holding a Nerf Battle Event. This event will be \$10 at the door everything will be provided for the students that attend. If you have your own Rival Nerf Gun talk to Mr. D or Mr. Donadio about you bringing it. Age groups for the event are: 7 to 10 years old, and 11 to 14 years old.

7 to 10 years old	9:30a-10:30am
11 to 14 years old	10:45a-11:45am

**Spring Break:** Spring Break is March 21<sup>st</sup> through March 25<sup>th</sup>. The academy will be open and classes will run on the regular schedule. If you are going on vacation, be safe and have a great time. Remember to practice on your trip and if you take a picture doing karate while on vacation we will add it to the info display! If you aren't leaving town, don't worry we are going to have lots of "FUN" here!!!

**IT/STORM:** Storm Training will take place April 2<sup>nd</sup> starting at 9:15am. This is a hour class for Jr. Blue Belts & above wanting to help in classes. Instructor Training will take place April 2<sup>nd</sup> starting at 10:30am. If you are an Instructor or interested in helping in classes, this session will be a follow up to the 4 hour long course. All Jr. Black Belts, and Adult Adv. Green Belts and Up are welcome to attend.

**School Closed:** We will be closed on Friday, April 15<sup>th</sup> through Sunday April 17<sup>th</sup> for Good Friday and Easter. Please have a blessed weekend with your wonderful families.

**Master of the Art, John Sepulveda Seminar:** On the 13<sup>th</sup> & 14<sup>th</sup> of May, Mr. Sepulveda will be visiting our school for Testing and Seminars. Please mark your calendars for this event. Details will follow soon!

**Social Media:** Remember that Aurora Martial Arts has Facebook & Instagram! We update our page weekly with any upcoming Events, Pictures, Kenpo Trivia and questions. Make sure to like and follow our page, and feel free to leave a review!

**The Care and Use of Our Karate School:** When students are in class we see great effort and focus. This reminder is for when you may not be in class (students, siblings & parents). Please be respectful to those who are in class. The training floor is for students who would like to practice and train. Use of the practice areas are for those in uniform, training in an appropriate way.

## UPCOMING EVENTS:

Spirit Camp: July 15<sup>th</sup> – July 17<sup>th</sup>

White Belt Summer Camp: July 18<sup>th</sup> – July 21<sup>st</sup> (Half Day)

Yellow, Orange, Purple, & Blue Belt Summer Camp: August 1<sup>st</sup> – August 5<sup>th</sup> (Half Day)

Green Belt & Above Summer Camp: August 15<sup>th</sup> – August 19<sup>th</sup>



## PRINCIPLES OF BLACK BELT

- HONOR - INTEGRITY - RESPECT - COMPASSION
- SELF CONTROL - DEDICATION - COURAGE - INDOMITABLE SPIRIT

